

Appetizers

Ceviche de Pescado		11.95	Tostada de Ceviche	6.75
White fish marinated in lime juice, w/ lettuce			Tostada de Camaron	7.25
Ostiones en la Concha	½ doz. 8.25	11.25	Fajita Nachos	½ doz. 8.25 10.75
Combo Platter		10.75	La Isla's Nachos	½ doz. 7.95 10.25
Chicken flautitas, quesadillas, beef nachos, guac, and sour cream			Beef, bean, cheese, guac & sour ceam	
Spinach Quesadillas	½ order 7.95	10.25	Fajita Quesadillas	½ order 8.25 10.75
A combination of monterrey jack and fresh Sautéed spinach, guacamole and sour cream			Combination of monterrey jack and fresh grilled fajitas, guacamole and sour cream	
Queso Flameado		9.95	Bean & Cheese Nachos	half 6.25 8.25
Flaming Monterrey, grilled with bell pepper And Mexican chorizo			Beef & Cheese Nachos	½ doz. 6.25 8.95
Guacamole Salad	Small 3.95	5.95	Chile con Queso	4.95

Soups / Salads

Taco Salad		8.25
Fresh, cut lettuce, tomatoes, and onions, topped with taco meat and sour cream		
Grilled Chicken Salad		10.25
Fresh lettuces topped with grilled chicken breast		
Garden Salad		5.25
Fresh lettuce, tomatoes, carrots, & cheese		
Caldo de Camaron	cup 6.25	9.95
Home-made style shrimp soup, served w/ rice and toast		
Caldo de Pescado	cup 6.75	9.75
Home-made style soup, combination of Shrimp and fish		
Sopa de Mariscos	cup 7.75	11.25
A combination of octopus, white fish fillet And shrimp		

Cocteles

Coctel La Isla (Extra Large)		14.95
Mexican Style Shrimp cocktail, specially cooked large and small shrimp with cilantro & avocado		
Coctel Tres Islas		15.50
Spicy Cocktail combination of shrimp, oyster, octopus and ceviche, w/ cilantro & avocado		
Coctel de Camaron	sm 8.25	10.95
Spicy Mexican Style Shrimp Coctail		
Coctel de Ostion	sm 8.50	11.95
Mexican Style Oyster coctail		
Campechana	sm 8.50	11.95
Option of Shrimp and oyster or Shrimp and Octopus		
Vuelve a la Vida	sm 8.75	12.95
Combination of shrimp, oyster, & octopus		

La Isla Specialties

Camarones a la Diabla		12.95	Pescado Empanizado	13.25	Frito 12.25
Large shrimp cooked on our own blend of chiles diabla sauce, refried beans, rice & salad			Whole catfish, breaded and deep fried, served with french fries and salad		
Camarones a la Parilla		12.95	Filete Empanizado		12.15
Grilled Shrimp on spices, served with rice and salad			Breaded and deep fired white fish fillet, served with french fries and salad		
Camarones a la Mexicana		12.75	Filete Ranchero		12.95
Sautéed shrimp on a spicy Mexican sauce, with rice and salad			Pan fried, white fish fillet topped with ranchero sauce, served w/ rich & salad		
Camarones Empanizados		12.15	Plato Marino		13.25
Butterfly shrimp, breaded and deep fried, served with french fries and salad			Seafood combo, fish fillet, and shrimp, breaded and deep fried		
Camaron al Mojo De Ajo		12.95	Filete al Mojo de Ajo		12.95
Sautéed shrimp grilled with garlic & lemon Sauce, served w/ rice, and salad			Pan Fried, white fish fillet, grilled with garlic & lemon sauce, served w/ rice & salad		

Parilladas

Pechuga a la Parilla Grilled chicken breast, served with rice, beans, and salad	11.75	Tacos al Carbon Two beef tacos, rice, charro beans, guacamole, and pico de gallo	12.25
Carne Asada Choice tenderloin, grilled on a blend of spices, served with guacamole, rice and beans	13.25	Beef/Chicken Fajitas Mexican style fajitas, served with rice, beans, guacamole, and sour cream	12.95
Bistek a la Mexicana Beef strips grilled with fresh cut tomatoes, onions, peppers, rice, beans, and salad	12.25	Fajitas Mixtas Combination of Beef and Chicken Fajitas, served w/ rice, beans, guacamole & sour cream	13.25
Mar Y Tierra Choice tenderloin, three grilled Jumbo shrimp, Served w/ rice salad	15.95	Shrimp Fajitas Mexican style shrimp fajitas, served w/ rice, beans, guacamole, & sour cream	13.25

Comida Tradicional

Enchiladas Verdes Two chicken enchiladas covered w/ green tomatillo sauce, rice & beans	9.25	Flauta Dinner Three crispy, chicken flautas, with rice, beans, guacamole and sour cream	8.25
Enchiladas de Pollo Sour cream chicken enchiladas, with taco, rice, beans and guacamole	9.25	Tacos Mexicanos Beef or chicken, served with pico de gallo	10.95
Chile Relleno Choice of cheese or beef poblano pepper served with rice and charro beans	10.75	Beef Enchiladas 9.25 Cheese 7.95 Beef enchiladas covered with chile con carne, served with rice & beans	
Tamales Plate Three tamales, serve w/ rice & beans	9.25	Enchiladas Rancheras Two chicken Enchiladas covered with ranchera sauce, served with rice, and beans	9.25
Danielita's A crispy taco, cheese enchilada, rice & beans	9.25	Spinach Enchiladas Two spinach enchiladas covered with green tomatillo sauce, rice and beans on the side	9.25
Chalupa Dinner A beef, & a Chicken chalupa, rice & beans	9.25	Enchiladas Cowboy Two fajita enchiladas, topped w/ cheese sauce Served with rice and beans	10.95
Tex-Mex Favorites Choice of three tex-mex items, rice & beans	9.75	Grande Dinner A crispy taco, two beef enchiladas cheese rice and beans	10.95
Senior Plate One tex-mex item, rice & beans	6.75		

Reginal Platters

Tejas Burger Cheese, avocado, grilled onions Fresh lettuces, served with fries	8.95	Nacho Fries Topped with pico, chile con queso cheddar cheese, and jalapenos	6.75
Chicken Sandwich Served with fries	9.25	Chicken Fried Chicken on a bead of rice, salad on the side	10.25
Chicken Fingers Served with fries	8.95	Hamburger 6.75 W/ Cheese 7.95 Fries on the side	

Sides

Rice	\$2.25	Tex-Mex A la Carte	\$3.25
Beans	\$2.25	Chiles Azados	\$2.25
Charros	\$2.50	Sliced Avocado ½	\$2.75
Shreaded Cheese	\$0.95	Sour Cream	\$1.25
Fries	\$2.95	Pico de Gallo	\$1.25

Please allow a minimum of 15 minutes for our House Specialties and Parilladas

Lunch Specials
(price changes with substitutions)

1. Cheese Enchiladas Lunch - Topped with chili con carne, rice and beans	6.25
2. Crispy Taco Lunch - Two crispy, beef tacos, rice and beans	6.55
3. Burrito Lunch - Two burritos, rice and beans	7.25
4. Flauta Lunch - Three flautas, rice, beans, guacamole, and sour cream	7.55
5. Danielita's - A crispy taco, a cheese enchilada, rice and beans	7.75
6. Chile Relleno - Poblano pepper filled with cheese, rice and beans	7.75
7. Taco Al Carbon - One beef or chicken taco al carbon, pico de gallo & beans	8.25
8. Filete Empanizado – Breaded, fish fillet, fries and salad	8.75
9. Camarones Empanizados – Breaded, butterfly shrimp, fries and salad	8.95
10. Fajita Platter - Choice of beef or chicken fajitas, rice, beans, guacamole, and sour cream	9.95
11. Pescado Empanizado - Breaded whole catfish, fries and salad	9.95
12. Tamales Lunch – Beef tamales, served w/ rice & beans	7.55
13. Chalupas – One beef chalupa, one chicken chalupa, rice & beans	7.55

Served Monday thru Friday 10 - 3 P.M.

Para Ninos
(children 10 and under)

Chicken Nuggets	5.75
Tex-Mex Chico - Choice of enchilada	5.25
Filetito Empanizado - Breaded fish fillet	6.25
Lil' Tejas – Fajita Taco, rice & beans	6.25
Hamburger - Served w/ fries	5.95
Grilled Cheese – Served w/ fries	4.95

Sodas

Mexican Sodas	2.75
Sodas – Coke, Dr. Pepper, Diet Coke, Sprite	1.95
Aguas Frescas – One free refill	2.75
Ice Tea / Coffee	2.25
Michelada	7.25
Cerveza Domestica – Coors Light, Miller Lite, Budweiser, Bud Light	4.55
Cerveza Importada – Corona, Tecate, Carta Blanca, Bohemia, Dos XX	4.95

Deserts

Nieve de Coco – Coconut ice cream w kahlua	4.95
Sopapillas	3.95
Flan	4.55
Cheese Cake	4.25

(18% gratuity added to parties of 6 or more)

Fish and chicken dinners may contain small bones. La Isla is not responsible for individual allergic reactions to certain foods. Eating oysters may cause severe sickness, even death in persons with liver ailments. Please consult your physician immediately if you eat oysters or any seafood and feel sick or are not sure you are in danger.

